

Annual report of national association of Taekwon-Do ITF 2015



Czech National Taekwon-Do Union ITF

www.taekwondocz.com NA for ITF & AETF in Czech Republic



Abouts

Czech National Taekwon-Do Union ITF

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Czech National Taekwon-Do Union (CzNTU) was found in 2003, it is regular member of AETF and ITF.

CzNTU consists of 4 self-governing schools with 6 clubs in total.

CzNTU has 5 international instructors authorized to hold gradings.

Further it has 2 instructors with 2nd level of national trainer licence and 9 assistants with 3rd level of national trainer licence. Its activity is focused mainly to children and teen-agers. Mainly we organize summer camp (once a year), seminars, weekend activities like training camps, regional competitions, Czech Championship and other activities. To read more about our activities, please see our website.

www.taekwondocz.com | www.itfczech.com

[You Tube](#)

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and websites of our member schools.



Organization structure

Czech National Taekwon-Do Union ITF Board of directors was elected at regular session of general meeting at 2013.

Board of directors:



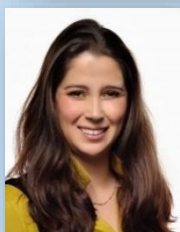
President CzNTU - ITF:

Viktor Stein, International instructor IV. Degree

Contact:

tel: +420606551139

e-mail: president@taekwondocz.com



Secretary CzNTU - ITF:

Mrs. Monika Dobíhalová

Contact:

tel: +420733690075

e-mail: secretary@taekwondocz.com



Chairman of Technical committee CzNTU - ITF:

Ing. Kamil Kolofík, International instructor IV. Degree

Contact:

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e-mail: technical@taekwondocz.com



Assistant of Technical committee, Chairman of Communications committee CzNTU - ITF:

Mr. Robert Pokorný

Contact:

tel: +420603472117

e-mail: technical@taekwondocz.com

communications@itfczech.com

January - 2015

Plaques and fees 2015, annual report was presented

In January 2015, member fees for Czech Republic's NA Czech National Taekwon-Do Union were paid- 50 € for ITF, 100 € AETF.

The annual report of the year 2014 was done. This has been authorized by Board of Directors of CzNTU and sent to ITF and AETF Headquarters.



All CzNTU's trainers are holders of ITF Plaques

ID	First Last Name	Plaque number
481424	Lenka Kolofíková	607664
481430	Kamil Kolofík	197
481444	Tomáš Mácha	607654
481472	Viktor Stein	600979
481480	Jaroslav Urbánek	600981
481705	Petra Bláhová	607663
503182	Jan Růžička	607655
503183	Ondřej Růžička	607656
503184	Michal Zemanec	607657
503185	Jiří Holan	607652
481435	Josef Kubát	607653

January - 2015

Ceremonial handing over of certificates from Dan grading New international instructors

During firsts trainings of the year 2015 ceremonial handing over of certificates from Dan grading (December 2014) took place. Promoted were some new Black belts and also few International Instructors.

Members of Board of Directors of CzNTU were participated in this ceremony and also some trainers of CzNTU. Certificates were handed over by president Viktor Stein and chairman of Technical Committee Kamil Kolofík.

The result is that Czech Republic has 3 new International Instructors, in total 9 black belts were promoted.

On this occasion we would like to praise secretariat and technical committee of ITF and CzNTU for their great job – all agenda and certificates were done immediately after the Dan grading and we had certificates and ID cards during Christmas already. Thanks this fact we could hand certificates over after start of new year. Thanks to all for their good work.

Promoted were:

Miss Lucie Bohatá I. Dan

Miss Sára Podskalníková I. Dan

Mr. Pavel Barhoň I. Dan

Mr. Jiří Holan II. Dan

Mr. Jan Růžička III. Dan

Mr. Michal Zemanec III. Dan

International instructor Jaroslav Urbánek IV. Dan

International instructor Tomáš Mácha IV. Dan

International instructor Lenka Kolofíková IV. Dan



January - 2015

Regional seminar Benátky n/J and training of National team preparatory

On Sunday 11th January 2015 our Junior team met in Benátky nad Jizerou. To National team preparatory of CzNTU were invited Patricie Pokorná, Daniela Rychterová, Jakub Roubal, Jakub Zemanec, Lucie Bohatá, Eliška Hupcejová and Tereza Stankeová, more candidates to this team will be added in few next days. Then will be nomination for year 2015 closed.

Competitors will have many common trainings before their premier, which will be Slovak Prešov Open 2015 in March 2015. Black belt holders already do their preparation for World Championship which will be hold in May in italian city Jesolo.

We cross our fingers for all czech competitors to succeed in international competitions.



January - 2015

New members recruitment in middle of season

At the turn of the years 2014/2015 new members recruitment had passed. First steps of new Taekwon-do members are not easy, but experienced trainers do their work with responsibility and patience. A big advantage is if there is more trainers at the same time, they can teach differently advanced groups of students. Work with the smallest is priority for us and only the true specialist can do that. The aim is to engage this students in few first classes – it is the only way how to keep children to do Taekwon-Do. The proof of very good trainers work is our growing number of members.



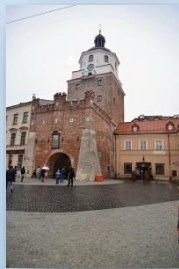
January - 2015

Meeting CzNTU – AETF 2015

Czech National Taekwon-Do Union´s delegation visited AETF headquarters

On Friday 23rd January 2015 the four-membered CzNTU´s delegation setted out to polish town Lublin. This beautiful city is renowed as the East Poland cultural centre. For us is interesting because the Polish Taekwon-Do Association and AETF have their headquarters there and the headquarters was our destination.

Members of czech delegation were President of CzNTU – Mr. Viktor Stein, IV. Dan, Chairman of Technical Committee – Mr. Kamil Kolofik, IV. Dan, Technical assistant, photographer and webmaster – Mr. Robert Pokorný and Mrs. Lenka Kolofíková.



January - 2015

Meeting CzNTU – AETF 2015



Meeting was held on Saturday 24th January and was divided to the morning and afternoon part. The aim of meeting was to familiarize us with the running of national association (PTA), its procedures, organizational processes and other standards which should be met by national association.

AETF was represented by Master Tadeusz Loboda – AETF president and Mrs. Malgorzata Rogaczewska – assistant to AETF president. In the afternoon part of meeting Master Jerzy Jedut – General Secretary took part.

The morning part was from 9 a.m. to 1:30 p.m. and included the organizational matters of national association. The very sophisticated database, which is used by PTA for keeping records about their member, was presented to our group. We also had a opportunity to get acquainted with system of records and archiving of e-mails, letters, forms and other documents.

After that we have presented our Annual report 2014, which is, in Mr. Loboda's opinion, big move forward, because it is very well-graphic worked out and it contains all necessary informations. As next we have presented our Strategic plan for years 2015-2016 which is still in process (we add new items) and concise version of it is part of the CzNTU's Annual report 2014. The AETF President gave us many new interesting impulses how to better running of our organization, how to extend its service for members, how to run according to ITF rules, how to go down into public awareness and better image of CzNTU. He had shared his own experiences with direction of national association of Poland.



January - 2015

Meeting CzNTU – AETF 2015



During the break we went for lunch into nice restaurant and then we have visited historic centre of Lublin including the castle.

The second part of meeting started at 4 p.m. and finished at 8:30 p.m. During this part Mr. Jedut have presented the system of regional, national and international competitions in Poland and except it he explain us the system of choosing members of National team.

Meeting has been finished with official dinner in very pleasing restaurant in historic centre of Lublin.

From the meeting we brought many printed materials and very nice promotional items and above it many proposals better internal running of CzNTU and its promotion. The meeting was very beneficial for us.

As we will be able to absorb all received informations and maybe also run some of the proposals, we will arrive to Lublin again, because only one day is not enough time for go through all topics from the running of organizations as PTA or AETF.

We would like to thank a lot to Master Loboda, Master Jedut and Mrs. Rogaczewska for a very hearty welcome, care and time they gave to us. We are looking forward next meeting.

February - 2015

International instructor Kamil Kolofík IV. Dan on Winter camp in Szczyrk



After my arrival to beautiful Poland city Szczyrk I met more than 50 other people in sporthall to wait for training.

Composition of degrees was very varied – from yellow belts to IV. Dans. Leading of trainings was within authority of three instructors – Tadeusz Loboda, Jerzy Jedut, both VII. Dan and Jaroslaw Suska, VI. Dan.

My first training was under leading of master Jerzy Jedut.

The first part of training was warming up. The main content of this training was to have a try at jumping kicks. We have started from Twimio Yopchagi and Twimio Dwitchagi, then we tried some less often repeated Techniques as Sangbal Apchagi, Sangbal Yopchagi etc.

After jumping kicks we have repeated tulls – from Chon-Ji to Choong-Moo. Second – afternoon – training started again with interesting warming up. During training we tried out some combinations of kicks and we trained our reactions with contra-techniques.

During all camp participants had opportunity to ask instructors for personal training/consultation. I have asked master Jedut for consultation about my techniques. It lasted more than one hour and we went through only few tulls. Master Jedut was really very careful and strict, so I think this one hour pushed my technique for a big step forward.

On Next day morning training we have warmed up with protectors which we had used during all training – we tried some kicks, combinations and techniques with sidesteps, backsteps and frontsteps. This time we had some time for workout with some training equipment – extensors and protectors.

My last afternoon training was under leading of master Loboda. We had warmed up with some games. After this we tried with partner some nontraditional combinations and kicks under pressure – mainly Dwitchagi. At the end master focused on selfdefence – it was about simplicity of selfdefence. We tried to use our body and its quick reaction for quite discreet stimulus as is pinch or poke.

February - 2015

International instructor Kamil Kolofík IV. Dan on Winter camp in Szczyrk

My rating of Wintercamp is very positive. It was exciting. I regret I couldn't be there for whole camp, but these few days, which I could spent with 3 amazing trainers, gave to me many new incentives for my next excercise. Even though I felt tired after every training, It gave me a lot of energy and resolution for my next trainings.

International Instructor Kamil Kolofík IV. Dan.



February - 2015

Demoteam in action



At the start of February our Demoteam was invited by the Major of Voluntary Fire Brigade of the town Velké Popovice to make an exhibition of Taekwon-Do during their Annual ball.

This cultural event attracted more than 200 attenders, who watched our exhibition with big delight - we have promoted all parts of Taekwon-Do and spectators rewarded our team by huge applause.

Members of demoteam: Jakub Roubal, Sára Podskalníková, Lucie Bohatá (all I. Dan), Patricie Pokorná, Natálie Podskalníková (both 1st Kup), Daniela Rychterová (3rd Kup) and Eliška Hupcejová (6th Kup). Thanks for good work.

February - 2015

Demoteam in action



Second of spring series of CzNTU's Demoteam exhibitions was held on 20th February 2015 in Čečany on Graduate's ball of Secondary school of Handicrafts Kunice.

Spectators heavily encouraged members of Demoteam and every demonstrated self-defence and every breaked board was awarded by thunderous applause. Number of spectators again got over count of 200, so the atmosphere was really excellent.

Member of Demoteam were the same as in Velké Popovice: Jakub, Sára, Lucie, Natálie, Daniela and Eliška. We would like to thank a lot directress of the school and we are looking forward next cooperation.



February - 2015

Demoteam in action



On 21st February 2015 we accepted invitation for 5th year of event named Šešovický Masopust, where CzNTU's Demoteam demonstrated very good exhibition again.

This time the exhibition was in slightly worsened conditions – members of team did their exercises barefoot on the grass in very low temperature (about 4 °C). Their performance was again awarded with huge applause.

After the exhibition we were also pleased by the interest of many spectators which asked us about Taekwon-Do and possibility to join our classes.

Members of Demoteam during this event: International Instructor Kamil Kolofík (IV. Dan), Sára Podskalníková, Lucie Bohatá (both I. Dan), Natálie Podskalníková (1st Kup) and Daniela Richterová (3rd Kup).

We would like to thank a lot to organizers Voluntary Fire Brigade of Svojšovice for their invitation to participate at their great event and we are looking forward to next year...

February - 2015

Training of National Team before Prešov open

On Saturday 28th February the special training took place in sporthall in Kunice – it was focused on preparation for next competitions.

The leader of training was International Instructor Viktor Stein (IV. Dan). Our competitors tried all events of competitions – Tull, Matsogi, Special Techniques, Wi rok and Traditional Sparring.

All members of czech National Team and our National Team preparatory participated at this event. Their closest competition is Prešov Open in Slovakia.



February - 2015

New image of Czech National team

Thanks to a finance gifts from our sponsors, we could buy new tracksuits for Czech National Team, members of National team preparatory and for supporters.

Tracksuits from brand Top Ten were supplied by our partner Hayashi CZ, printing is from advertising agency MV Print.

New tracksuits will be presented during Prešov Open.



March - 2015

Championship Prešov Open 2015



On Friday 13th March, our team again set out to international competition Prešov Open.

This year team members was composed of members of National preparatory team – Patricie Pokorná 1. Kup, Daniela Richterová 3. Kup and Eliška Hupcejová 6. Kup, and members of National team - Lucie Bohatá and Jakub Roubal (both I. Dan). They were accompanied by coach Mr. Viktor Stein IV. Dan, Mr. Kamil Kolofík IV. Dan (as a referee) and Mr. Robert Pokorný as a medial support.

On the way we have visited a mineral spring and Spiš Castle. On each stop our team have repeated a Team-tul training.

We have accomodated in hall of residence of Prešov and then we went to the sporthall to do registration and weightht-in.

On Saturday we went again to the sporthall where we met some old friends from other countries. The competition had more than 200 competitors from Slovakia, Poland, Ukraine, Belarus, Hungary, Slovenia, Bulgaria and Czech Republic. It was very well organized event.

March - 2015

Championship Prešov Open 2015



Nearly after start of competition we could see, that members of our team are very well prepared. The competition started with Special techniques categories, more than 40 competitors were registred. Thanks to Lucie Bohatá we gained our first medal from Special techniques – the bronze one. Jakub Roubal took 4th place – it was good result in so big competition.

Next part was about Tulls – Daniela Richterová and Lucie Bohatá gained gold medals from their categories, Patricie Pokorná gained silver medal.

The afternoon part of competition was dedicated to Sparrings, where we had more medal chances because of hard preparation of our competitors.

Our team demonstrated that we belong to the top – Patricie Pokorná gained gold medal, Eliška Hupcejová, Lucie Bohatá and Daniela Richterová gained silver medals. At the evening organizators prepared for us some exhibition.

On Sunday the competition continued with categories of Team tulls and Sparring of seniors and then was the medal handing over.

In the category of Team tull we tried to retain gold position from last year. At last we gained silver medal. After our last category we thoroughly watched the senior sparrings to learn from it something new.

We enjoyed this event and we have a lot of nice memories for it.

March - 2015

Czech Open 2015 - Nymburk



This international competition was held on 28th and 29th March in town Nymburk in Central Bohemia. There were more than 320 competitors from 9 countries – Czech Republic, Great Britain, Finland, France, Netherlands, Poland, Russia, Slovakia and Latvia. It was a big challenge for our team. We participated this event as a part of starting cooperation with Český svaz Taekwon-Do (member of Chan Ung group). We gained 4 bronze medals.



March - 2015

New design of our website



In April we redesigned our website to be more comfortable for visitors and users. Now everybody can find all required informations easily.

April - 2015

Practical seminar Taekwon-Do for preschool children



In terms of prevention of pathological phenomena took place in the kindergarten in the village Čerčany practical seminar designed for children. Children were by playfully form learned how to behave in risky situations and enthusiastically tried out some exercises of this martial art. Exercising for preschool classes children was prepared by the International Taekwon-Do ITF Instructor Ms. Lenka Kolofíková IV. Dan and Mr. Viktor Stein IV. Dan, coach of section Taekwon-Do Sparring Čerčany.

April - 2015

Practical seminar Taekwon-Do for preschool children



In the kindergarten are three pre-school class and the cycle was divided into three exercises. At first held a discussion with the children about how to behave on the street and how to behave in case of reaching an unknown person. It can be state, that preschool children from school Čerčany are within safety really well prepared to enter elementary school. Children tried practise some basic elements of dexterity and the basic elements of self-defense. After a hesitant start, children gained courage and on the mat, after a while, they were like home. Hour of exercise actually took place very quickly and therefore we have agreed with the management of kindergartens on other events such as demonstrations of arts self defense Taekwon-Do, in which will practise former pupils from kindergarten Čerčany, currently students of the first and second grade primary school, who are members of school Taekwon-Do Sparring section Čerčany.

April - 2015

New general partner CzNTU sponzor Czech national team



We present to you an important partner of the Czech National Union of Taekwon-Do ITF company DNS

DNS main partner of the Czech Republic Championship Taekwon-Do ITF 2015

DNS a.s.

VALUE-ADDED DISTRIBUTOR OF IT TECHNOLOGIES

At DNS we place great emphasis on perfect customer service and an individual approach to each project. The scope of our services covers the full cycle of preparation and implementation of demanding IT projects. We will help you put your project into practice, from design and pre-sales support to the actual implementation. You can rely on us as far as after-sales support, financial, marketing and training services are concerned.

During the more than fifteen years of its operations in the Czech market DNS has evolved into a very successful, self-confident and financially stable company – added-value distributor – with a turnover of USD100M. The company owes its success to 70 employees in 7 divisions:

Dell, Hewlet Packard, Hitachi, IBM, Infrastructure, SW, Solutions Sales and Delivery. The scope and quality of its services and technological know-how make DNS the industry leader. The company is part of the eD' system Czech Group.

DNS regularly takes leading position in the competition Czech IT Distributor held by Reseller Magazine and ChannelWorld Awards organised by ChannelWorld magazine.

April - 2015

60th Anniversary of Taekwon-Do ITF

Just as a big part of Taekwon-Do world, we have also celebrated the 60th Anniversary of Taekwon-Do ITF.

We have had a special training, where instructors of our schools („old group“) met students (colour belts). We played some games as football and then we trained a lot – tulls, sparring combinations and special techniques. All excercises was in funny atmosphere. All participants of this special training enjoyed it a lot. One part of the meeting was also talking about Taekwon-Do history and about new events and new possibilities.



11.4.1955 11.4.2015

60

跆拳道



choi honghi

The graphic commemorates the 60th anniversary of the International Taekwon-Do Federation (ITF). It features the dates 11.4.1955 and 11.4.2015, the number 60, the Korean calligraphy for Taekwon-Do (跆拳道), the ITF logo, and a portrait of Choi Honghi with his signature.

April - 2015

60th Anniversary of Taekwon-Do ITF



To celebrate the founding Taekwon-Do ITF was held joint training of divisions Czech National Union of Taekwon-Do in Benátky nad/J . Training was started by football match in which their wits teams Benátky nad/J and Sparring Mnichovice. After football match was started the warm-up, inspired by Master Jerzy Jedutem, led by coach Benátky nad/J Jan Ruzicka III. Dan. The second part was devoted to the preparation of special techniques. Coaches were join to this practice and showed to his students that there is a lot that they can show.



April - 2015

Part of the annual training was to acquaint with the ITF competition rules and their application in competitions CzNT. All rules were trained in a practical form. In the early evening, held training for referees CzNT by the participation of all school coaches Czech National Taekwon-Do Union. Based on the training, participants receive referee license for two years and the ID card for national referee Groups A, B, C. Next seminars are planned after the start of the new season 2015-2016. National training of trainers, coaches and assistants will be in frame of the two-day National Seminar with Master Jerzy Jedut VIII. Dan general secretary AETF and coach of the Polish national team. The date of the seminar will soon be published. Nice day culminated with a well-deserved dinner and a small celebration at a local restaurant.



April - 2015

Kup grading spring 2015



After a period when students were hardworking on their Taekwon-Do knowledge and skills, almost one hundred of students asked the Technical committee of CzNTU (via their trainers) for grading.

The grading was on high quality level. This is the sign of their high-standard preparation. As well it is a certificate for their teachers and trainers, who did great work during preparation of new young generation.

Our biggest reward was a joy in childrens faces, when they showed their new certificates and new colour belts to their parents and brothers – they were very pride on it.

Next grading is scheduled at the beginning of the 2015-16 season

April - 2015

Brigade recreational area Podolí preparing for summer camp activities within Dallyon



At the end of April, participated pupils CzNT on spring brigade in the recreation areal OKO where will be held the traditional summer camp 2015. This event was organized within the framework of exercise activities outside Dallyon. After the winter months was necessary to prepare the accommodation for the participants of the summer. Whole camp, huts and windows were cleaned and also, like last year, was prepared paintball field.



April - 2015

Brigade recreational area Podolí preparing for summer camp activities within Dallyon

Dallyon is not just about community work and assistance, it is necessary to also relax and have fun. Lunch prepared by chef and President Viktor Stein CzNT IV.Dan, his culinary skills were rewarded with praise from all participants. Because was the beautiful weather, we had the opportunity to enjoy spring nature which is waking up from hibernation. We organized shooting competition where especially the smallest pupils had the opportunity the first time, try shooting from rifle and revolver. The boys played football and girls carved musical instruments from wood. In the evening was a campfire roasting sausages. The owner of the camp Alexander Hupcej reward all participants in the form of sweets. We look forward to summer camp 2015.



April - 2015

New pin for members CzNTU



Leadership Czech National Taekwon-Do prepared for members CzNT identification badges CzNT. The badges are handed over to members when obtain 9 Kup. Primarily used to identify our members and propagation of our association.

May - 2015

Czech Republic National Championship Taekwon-Do ITF 2015



At the sunny third weekend of May there was the National championship of Korean self defence art Taekwon-Do ITF in Central Bohemian city of Benátky upon Jizera. Czech championship in Taekwon-Do ITF 2015 took place in the Dražice arena on the 16.5.2015. It was the top event for the Czech Taekwon-Do members.

Totally 90 competitors of all age categories from the youngest pupils to the veterans took part in this championship. Taekwon-Do schools of Čerčany, Velké Popovice, Kunice, Benátky n/J, Strančice, Milovice, Mladá Boleslav and Pečky nominated their competitors into this competition.

The competition started with the festive line-up of all nominated competitors and coaches at 10 a.m., after coaches and referees had received instructions. Viktor Stain the IV. Dan the President of the Czech Taekwon-Do ITF national union and the international instructor in one person together with other representatives of CzNTU opened the competition by delivering their festive speeches. Mrs. Lucie Poláčková expressed thanks not only to partners and sponsors, but also to the local Sokol, business subjects and individuals, who participated directly in the action as organizers or subsidized it financially or materially.

Then the competition started. It was fought in three tatami rings and the fourth ring was dedicated to special techniques and breaking. Technical exercises Tul were proceeding in the morning. There excelled the young taekwondoists, who took part in big competitions for the first time. At noon there was one hour lunch break for refreshment, relax and preparation matsogi. After the lunch the competition continued with the attractive discipline Tul team, in which two teams from the school TKD Strančice won and they took the first and the second places. The team TKD Kunice was on the third place. The matches continued under huge encouraging and cheering by participating teams. At that time the organizing team prepared the results list. However all remained secret until the finally festive announcement.

May - 2015

Czech Republic National Championship Taekwon-Do ITF 2015



During the day the competitions for all age categories proceeded. They were in different disciplines from exercises Tul colour belts, special techniques, breaking, matsogi fights of the heaviest weight categories. The competition culminated by the declaration of winners and medals the decoration to new Champions of the Czech Republic for the year 2015.

This year's grade was also viewed by numerous, spectators of parents and friends. It is very good as it is necessary for parents to see their children's capabilities their further support for this sport, which is indispensable.

In the end the President expressed his thanks to all competitors and he congratulated winners on their success. On this opportunity the best competitors were photographed and were given prize from sponsors.

Now we are looking forward to next Championship of the Czech Republic in Taekwon-Do ITF 2016.



May - 2015

Czech Republic National Championship Taekwon-Do ITF 2015



The competition was held under the support of many partners without their contribution the Championship of CR couldn't be held.

Special thanks belong to:

The company DNS which is the leading distributor of IT technologies and the partner of DELL, MICROSOFT, HP, Hitachi, IBM, Check Point, for their significant financial amount.

The firm Hayashi and Mr. Miroslav Sobotka, who are the supplier of sporting goods. This partner gave the main prize in form of a voucher for the purchase in his shops. He supports the National representation.

Mr. Marek Vilímovský's company MV Print for his arrangement of posters and publicity materials.

The local organization Sokol and Mr. Jiří Lhořan for medals mediation and Dražice arena where the competition was performed.

We must thank to parents and friends, who helped with organization during the competition and to many others...

<http://www.taekwondocz.com/index.php/98-mistrovstvi-ceske-republiky-taekwon-do-itf-2015>

www.taekwondocz.com NA for ITF & AETF in Czech Republic

May - 2015

ITF Congress, Jesolo, Italy May 2015



New ITF Board Elected at ITF Congress, Jesolo, Italy May 29th 2015

The newly elected board is:

President Grandmaster Trajtenberg

Senior Vice President Master Weiler

Vice President Grandmaster Dacak

Vice President Master Norman

Secretary General Master Ferrando

Treasurer Master Loboda

Director Grandmaster Bos

Board Members Grandmaster MacCallum

Master Daher

Master Andresen

Master Tsilfidis

When the new Board met on monday, the President welcomed the new members and encouraged the new team to face this new period when new services will be implemented and the ITF will be positioned World Wide as one of the leading Federations in Martial Arts.

Photo Jerzy Jedut - ITF

May - 2015

ITF Congress, Jesolo, Italy May 2015



ITF Congress, Jesolo, Italy - Presiden CzNTU Viktor Stein IV. Dan, Chairman of technical committee CzNTU Kamil Kolofk IV. Dan
Photo Jurek Jedut

The congress was opened by Grand Master Trajtenberg with speech – he welcomed all participants and delegates from TAFISA, he talked about work done through last six years while he was president, he mentioned achieved targets and pointed out that unity is the only one way to reach more successes.

During the congress new Board of Directors was voted, new members of ITF were accepted, the ITF budget was agreed, new functions of ITF online systém were presented and places for next championships were voted.

Czech National Taekwon-Do Union was again confirmed as National association for Czech Republic.

May - 2015

World Championships, Jesolo, Italy May 2015



Czech National team participated at World Championship in Italian city Jesolo.

National team members: Jakub Roubal, Lucie Bohatá and Sára Podskalníková (all juniors with 1. Dan)

The team of supporters: Int. Inst. Viktor Stein IV. Dan, CzNTU president; Int. Inst. Kamil Kolofik IV. Dan, Chairman of Technical committee; Mr. Robert Pokorný, photographer and medial support.

All members of National team were on so huge event as World Championship first time. They fought in all their categories as lions but did not receive any medal. But thanks to their opponents they earned many experiences. We trust that next time they will be more successful and maybe they bring to Czech Republic some medal.



May - 2015

World Championships, Jesolo, Italy May 2015



During the World Championship, a lot of meetings with ITF representatives were passed off. This is photography from VIP zone - Master Tadeusz Łoboda, president of AETF with Int. Inst. Viktor Stein, president of CzNTU.



Sightseeing in Venice during free time.

May - 2015

Weekend training camp of school Taekwon-Do Strančice



School Taekwon-Do ITF Strančice held a weekend training camp from 12th to 14th June.

We set out to the region around the city of Tábor where the nature is very beauty. In our destination we had everything we need to do our sport activity. There was 40 participants who set out in Friday afternoon and at evening we had our first training. There were wide age-range – from 6 years old children to adults of forty, and all of us have enjoyed this event. All participants had a full service – catering and accomodation, nice sport hall and all equipments need to do Taekwon-Do.



May - 2015

Weekend training camp of school Taekwon-Do Strančice



This training camp was focused on sport fight, special techniques (jump kicks), selfdefence and it was also a preparation to grading which held one week after training camp.

Finally we would like to thank the municipality of Strančice, thank to its finance support we could hold training camps, competitions like Christmas cup. We thank also to Porty s.r.o who support the participants of national and international competitions.

June - 2015

Summer Camp 2015



And it is here again... After one year we met again in plentiful number to spend 12 nice days with Taekwon-Do in Podolí I near the town Písek.

You can find detailed informations in bulletin - Summer special.



September - 2015

Demo team - Marians funfair

To occasion of Maria's holiday in days 12th and 13th of September was held in Mnichovice traditional funfair. Square of Mnichovice was closed for traffic during whole weekend, there were merry-go-rounds, shooting gallery and stage. At this stage were held various exhibitions of leisuretimes activities. Lets mention at least few of them: dancing club Fuego from Říčany, singing group of primary school of Mnichovice, club of gymnastics TJ Tourist Říčany and TaekwonDo club Strančice. There were also performance of several music groups: Z hecu, Opět otevřeno, Next Monday and Pankix. Medial support of whole event was held by Radio Blaník.



September - 2015

CzNTU Delegation at the AETF HQ

On Saturday, 29th September 2015 seven members of the Czech National Taekwon-Do ITF Union visited the Head Office of All Europe Taekwon-Do Federation and Polish Taekwon-Do Association in Lublin, Poland.



The delegation included Mr. Viktor Stein, CzNTU President, Mr Kamil Kolofík - Chairman of the Technical Committee, Mr. Robert Pokorný - Communication Committee as well as four members of the Czech National Junior Female Team came to the AETF HQ on Saturday Morning at 10.00 a.m.

After short presentation, Master Loboda presented especially to the members of the national team the Hall of Trophies of PTA, the collection of calendars issued by PTA in the past years as well as referred a little to the most important events in the history of PTA and AETF. He also showed some video footage with the most outstanding competitors from different competitions. After that the young part of the delegation went to the old town of Lublin for sightseeing, and the officials stayed at the office in order to continue the meeting.



September - 2015

CzNTU Delegation at the AETF HQ

The main aim of the visit was among others the organizational matters of CzNTU. Mr. Stein handed in to Master Loboda the official documents about the registration of the federation. The delegation had also more time to learn more about the financial system which can support the activity and development of a federation. During the meeting was also discussed the possibility to include into the calendar of activity of Czech National Taekwon-Do ITF Union the events held on a regular basis in Poland such as: Central Winter/Summer Taekwon-Do Camp, seminar before the black belt exam in Wroclaw, International Mazovia Masters Cup in Ciechanów, sparring consultations held also in Ciechanow, etc. After the lunch break the participants went to Lubartów, where the part of them took part in the individual classes and had an opportunity to practice pattern with Master Jedut, VIII Degree. The rest of the delegation went to the Firlaj Lake close to Lubartów to enjoy last days of summer.



During the way, we have visited monument in Oswiecim

October - 2015

Festival of handicraft and Apple festivities



In beautiful sunny day 3rd October 2015 was held traditional event Festival of handicrafts and apple festivities in small town Stránčice in central Bohemia. Program was very rich, except exhibition of our school Taekwon Do Sparring Mnichovice there were exhibitions of historical dance, school of art, clown, fashion show etc. Event was attended by more than 300 visitors.

www.taekwondocz.com NA for ITF & AETF in Czech Republic

October - 2015

Autumn tour of Taekwon-Do school Sparring Mnichovice



On Friday 16th October we set out to hotel Trosky in Troskovice, right under remains of castle Trosky. We have arrived at rainy evening. When children went to beds, leaders of expedition have prepared the course of trips, naturally with „cashes” for Kamil.

On Saturday we woke up to the foggy morning, fortunately without rain, and after very rich breakfast we set out to castle of Hrubá Skála. After sightseeing the castle we have continued to castle Valdštejn by walking. The journey was very nice, it went between crags and through forest. We have reached the destination without any loss, although some children did not follow the road and climbed on rocks and jumped across hollows. After sightseeing Valdštejn castle we ate excellent lunch in near restaurant. Then we went back to Hrubá Skála. At the evening children was very tired but happy with their new experiences.

On Sunday, immediately after breakfast we set out to the second trip, this time under the top of mountain Ještěd. We were looking forward scenic view which Robert has promised us. But when we have arrived to the top, fog came to this place. So we have view only to fogged up valley. Unfortunately during our way back to the parking the fog has dispersed so we could enjoy view to Ještěd's lookout tower from below.

Our next trip was to Malá Skála, where we had lunch and then we went to sightseeing ruins of castle Malá Skála. After return to cars we set out to the last destination - Frýdštějn (it is known as a castle of the witch of fairytale named „O princezně Jasněnce a létajícím ševci” (Princess Jasněnka and flying cobbler). But finally we did not find any witch there so we set out to way back home.

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October - 2015

European Championship 2015 Scotland



On Tuesday 20th November we set out to Scotland town Motherwell to European Championship. This time we have travelled by plane – long stopover in Amsterdam we used to walk in town.

Wednesday morning we have finally arrived to the Ravenscraig sporthall, where the weight in took place. The weight in of our competitor Sára Podskalníková ran without problems. After this we set out to accommodate in our hotel, where we have relaxed before first day of competition.

On Thursday first Sára's category of tulls was played out. In spite of a huge improvement of her techniques, she was defeated by Norway competitor. During the same day Sára started also in category of Special techniques. There were a lot of competitors in her category so her performance was not enough to get medal.

During Friday morning started Sára's last category – Matsogi. Again Sára get a very strong and experienced opponent, this time from Sweden. Also in this fight we could see very big improvement. Sára get some points but not enough to win. Friday evening we took part in the AETF congress.

Saturday we have arrived to the sporthall only as a visitou. Afternoon a very important meeting with Paco Ferrando (coordinator of ITF online system) was held. Rest of afternoon we used to short trip to Glasgow.

Sunday was for us free day so we decided to spent it with sightseeing – we set out to Edinburgh. We have followed the trail of CzNTU's delegation at 73rd IIC which held in Livingston (2012). We have visited medieval kastle of Edinburgh, historical lanes in lower castle and very well-knowned Calton Hill, where you can see a lot of historical monuments.

Mondays travelling home was a little bit complicated because of canceled flight to Amsterdam, so we flight to London and then to Prague. We arrived few hours later than was planned. In spite of this complications we must say, that our participation on European Championship was very beneficial for us – we get a lot of experiences and ideas for our trainings to next competitions.

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October - 2015

Membership meeting

On 27th of October 2015 was held membership meeting of CzNTU in Kunice. At meeting were discussions about next events such as National seminar, Czech republic Championship, summer and weekends camps. There was also report from AETF congress and European championship in Scotland. There was also presented ITF online system to coaches.



November - 2015
National seminar 2015



At 7th and 8th November we met in sporthall of Elementary school in Strančice to enjoy 2nd. National seminar under leading of Master Jerzy Jedut, VIII. Dan. It was hold by Czech National Taekwon-Do Union as last year. 65 people of 10 clubs were registred, including one club of Latvia.



November - 2015

National seminar 2015



Seminar was divided on two parts. First part, on Saturday, was intended for colour and black belts. Second part, on Sunday, was intended especially for black belts, nevertheless few colour belts have attended. Contents of seminar was primarily corrections of techniques and tulls and application of techniques in sparrings. Trainings were diversified by warm-up exercises, games and workout exercises.

Participants left the sporthall very tired but with elation from new pieces of knowledge and question about next seminars.

Fridays and Saturdays evening we had a dinner with master. During them we ask master for a lot of questions, not only about seminar.

One part of seminar was also grading to Dan grades. This year we had only one person who asked for grading - Mr. Aleksandr Štadnicenko from Latvia. He has been promoted to IV. Dan and from this day he is holder of titul International Instructor of Taekwon-Do. Hugh congratulation from all of us, we wish him all the best to his next trainings and more successes not only in Taekwon-Do.

We would like to thank all clubs of CzNTU for their support and also Elementary school of Strancice for rent us its modern sporthall and facilities.

November - 2015

Italian open 2015



Precious metals from Italy for Taekwon-Do Strančice

It was first foreign experience for our five competitors – and just a such succes! They faced to competition of about 400 competitors from 13 countries on italian open championship Top Ten Italian Open in Milan on 29th November 2015. In world of Taekwon-Do this competition is ranked among very important events of year. From club of Strančice Karin Goldmannová and Dominik Popelka started in category of cadets. In category of juniors competed Ivana Klečková, Lucie Trejbalová and Samuel Pasler. All of them are holders of medals from czech competitions. But in Italy they faced much bigger competition. Despite of this fact, just during morning in categories of Tull they collected four medals – included three gold medals. The afternoon was reserved for Matsogi and our competitors gained other three precious metals. Succes of the team surpassed all our expectations and showed that competitors were able to appreciate care of their experienced instructors Petra Bláhová, Josef Kubát, Tomáš Mácha and Jaroslav Urbánek, who prepared for competitors special sport-trainings. And because the fact that the part of philosophy of Taekwon-Do is also travelling and getting to know new countries and cultures, we did sightseeing in historical cities Regensburg, Lindau and ofcourse pretty centre of Milano. Also next year we are going to visit international championships abroad and we will make our best to be successful again. We would like to thank to city Strančice and company Porta for their support.

Results:

Karin Goldmannová: 1. place Tulls, 1. place Matsogi; Dominik Popelka: 1. place Tull, 2. place Matsogi; Samuel Pasler 1. place Tull, 3. place Matsogi; Ivana Klečková 3. place Tull

December - 2015

Cup of city Bělá pod Bezdězem



On 5th December 2015 at 7 a.m. small part of team of CzNTU set out to city Bělá pod Bezdězem which is situated on the north border of Central Bohemian region. There were two competitors - Jakub Roubal (I. Dan) and David Roubal (5.Kup), and International instructor Kamil Kolofík, IV. Dan, as a referee.

The competition started few minutes after 10 o'clock with opening ceremony - line-up, Taekwon-Do anthem and welcoming speech of mayor and vicemayor of city Bělá pod Bezdězem.

As the first there were, out of the usual, tull cathegories of the oldest competitors, because they had to help as referees and coaches for younger members of their teams. Whole competition was in system each with each in their cathegory. In Tull cathegories both our competitors gained bronze medal. After awarding of Tulls there were a special surprise for the youngest children. St. Mikuláš with devil and angel have arrived and gave some presents to children.

After this short break the competition continued with cathegories of Matsogi. Again the oldest competitors was as first. David Roubal was not defeated by no one so he gained gold medal. Even Jakub was not without medal - he gained bronze medal in his cathegory.

After end of all cathegories there was again awarding (medals and diplomas) and taking group photos. We said goodbye to our friends and opponents and set out to the way back.

We would like to thank a lot to organizers for this great event, where was participated 110 competitors. We are looking forward next year.

December - 2015

Devils cup - Prague



On 5th December 2015, one of group CzNTU set out to Devils cup held in Prague by club Sonkal Praha. There were 5 competitors from CzNTU team and their head coach. We were awaited with very nice sport hall and hearty welcome. After necessary weighing and registration competitors had to say oath of Taekwon-Do and the competition could start. The competition was in system each with each. Early after start Jirka Beneš defeated all his opponents and he gained gold medal from Tulls. The rest of competitors had not so much luck so they stood under medal positions. The second part of competition was focused to Matsogi. Again it was in system each with each and our competitors had scored again. Jirka Beneš and Eliška Hupcejová gained bronze medal and Zdeněk Lhotka gained silver medal. The rest of competitors fighter bravely but medal positions was above their abilities.

The competition was prepared very well so all categories was finished before 5 p.m. There were competitors not only from Prague, but also from České Budějovice and Slovakia. Thank to all competitors and organizer and special thank to Tereza Záleská who worked whole day as a referee.



December - 2015
Christmass cup - Strančice



In the gym of club Strančice, on Saturday 5th December 2015, the championship named „Christmass cup“ was held. From CzNTU, there were: Mikuláš Hupces, Martin and Marek Bambas, Vendula Loušová, Karolína Brzybohatá, Antonín Pokorný and Erik Kudrjavcev. Nothing was left to chance and all of them had 2 medals. The best competitors from our team were brothers Bambas – they had gold medal from tull and from matsogi too. Karolína has our great admiration for her fighting spirit – it was her first competition and she earned bronze medal from matsogi in cathegory where was mainly experienced blue belts competitors. All our competitors deserve our compliments for doing amazing atmspere and mutual support, when something did not go well. In total we gained 7 gold, 3 silver and 4 bronze medals.



Czech National Taekwon-Do Union ITF Strategic Plan for season 2016 - 2017



The plan of events for season 2016 - 2017

Competitions

Czech Championship – 14th May 2016 Benátky nad Jizerou

Non-competitive events

Demonstrations – promotion of Taekwon-Do
Recruiting new students to our schools

Summer camp - July 2016

For members of CzNTU, one part of this summer camp is that our students do demonstration of Taekwon-Do for the public as part of promotion of Taekwon-Do in Czech Republic.

Weekend training camps

Extra trainings – it is mostly preparation of National team or international competitions

ITF Kids

we would like to start with preparation for integration of this programme.

Courses and seminars

National seminar with master Jedut - November 2016
Attendance at seminar Taekwondix 2016 in Wroclaw
Attendance at seminar Taekwon-Do Kids 2016 in Wien
Attendance at polish Central Wintercamp 2016 in Szczyrk
National trainers and referees course April 2016
Regional seminars
Self-defence courses for children in Kindergartens

Grading

We are going to hold gradings to Kup and Dan.



The strategic plan of CzNTU 2016

Organization

Actualizing materials for members of CzNTU – grading manual, referee manual, Manual for trainers.

Finance and marketing

1. Financial plan for 2016 (included budget for competitors, seminars etc.)
2. Control of outlays and resources of CzNTU
3. Promotional video of CzNTU
4. Put the stress for promotion of events and clubs (posters, commemoratives as pens etc. – cooperation with sponsors)
5. Preparation of materials for sponsors (what we can offer to them)
6. Periodically fill request for grants from municipals, ministries etc. – fund for National team , grant from Ministry of education and sports.

Communication

1. Straight communication with members – contacts on website must be valid – whole year 2016
2. Active using of social nets (mainly Facebook), maintain youtube-channel, Google+
3. Requests for registrations in national sports authorities (Olympic committee, Czech union of martial arts act.)
4. Put into operation ITF online for clubs



The strategic plan of CzNTU 2016

5. Informative support for trainers – sharing (eg. google+ or Download on website)
6. Extend range of visitors of website – crossed links with sponsors – whole year 2016
7. Make press releases to all events in Czech Republic and send them to AETF and ITF to publish – whole year 2016
8. Publish bulletin periodically – whole year 2016

Education and trainings

1. Prepare materials for trainers – recommendations, model trainings
2. Prepare for enter the ITF kids programme (need to participate seminar – best in Europe)
3. Focus on teach trainer in various areas (pedagogy, work with children, physiology, legal system etc.)
4. Support for trainers in additional education (FTVS Prague, faculty in Olomouc etc.)
5. Organize course for trainers and competitors
6. Organize common trainings only for trainers and assistants – unification of techniques, information from IICs, consultation about leading trainings

Competitions

1. Organize extra trainings for talented students
2. Gain funds for talented students
3. Organize regional, national and open competitions, its presentation on website and in regional press
4. Make and maintain calendar of events
5. Promotion of competitions at AETF and ITF websites